WHY I SING AT MASS

by Maria Wood

One of the ways I have stayed connected to my faith is through music ministry. Hi, I am Maria, and I am a senior here. You might have seen me singing with the choir or cantoring at Mass over the past four years. Music has given me a purpose and drive. Whenever I felt like not going to Mass, my commitments to the choir made me go. I don’t know if I would have stayed as involved in Augie Catholic otherwise. Music gave me purpose, and it helped me find my faith. I would love to invite you to get involved! Reach out to one of the contact people on the back sheet, or start your own group. Catholic means universal, and I hope that you can find a sense of community here with Augie Catholic. Whether you have been to Mass a hundred times or have never been at all, we would love to see you! I have no regrets about my time spent with Augie Catholic.

UPCOMING EVENTS

Monday, February 15th
- Rosary night at 6:45 pm in Founders basement or via zoom

Wednesday, February 17th
- Ash Wednesday Service at 12:00 pm in Founders

Sunday, February 21st
- Mass at 8:00 pm in Founders

Women’s Bible Study
- Contact Gabi Goritz for more details.
  • gabriellegoritz19@augustana.edu
Jesus, help me to simplify my life by learning what you want me to be – and becoming that person.

- St. Thérèse of Lisieux -

HOW TO PREPARE FOR LENT

*Taken from IgnitaitonSpirituality.com by Vinita Hampton Wright*

"Ask God, every day, "What does my soul need?" Just ask, and wait quietly. Because we’re very good at fooling ourselves about how we’re doing, it might take several days of praying this question before we’re truly open and humble enough to know the answer.

Ask God, every day, "What about my life makes you happy?" Yes, when God looks at your life, some parts of it—perhaps many aspects of it—bring joy to God’s heart. Think of how your children or grandchildren or other people close to you make you happy. God is in relationship with you, which means that your sins grieve God’s heart, but also that your growth and love and freedom and kindness bring joy to God of the universe. Again, you will probably need to pray this a few times before you are willing to consider that you give God pleasure, that you make God happy in any way. Stick with this little prayer and keep listening.

Tell God, and yourself, every day, "I want to be open to the graces of this Lenten season." Maybe you’re not open right now, or you’re not as open and willing as you’d like to be or think you should be. What else is new? We can always open our lives a bit more, let go of more stuff, listen better, and do more quickly and passionately what we know helps nurture God’s kingdom on earth."